



Around Pattishall

No. 189

March - April 2014

Pattishall, April 2012, by Paul Howard www.paulhoward.co.uk

Final copy date for the May - June 2014 newsletter is 10th April. Copy should be sent to Andy Stewart, The Old Farmhouse, 13 High Street, Ascote (email andy@stewarts.me.uk, tel: 830042), or given to Janet Taylor, Dalscote. (Please use email if possible.)

Pattishall Parish Council undertakes the production of the newsletter, it does not take responsibility for the accuracy of articles. Any views or opinions expressed are those of the author in each case.

Would you like to see your photograph or artwork on the cover of the next Around Pattishall ? If so, please email. It should be something with a local & seasonal flavour.

Pattishall Annual Spring Clean

This is the time of year when we clear up all the litter that has been thrown around our Parish. This year it will be held on Saturday 22nd March meeting at the Pattishall Parish Hall car park at 9am.

If you can spare an hour or so it would be a great help. Stout shoes and gloves essential. Litter pickers will be provided. If you can help please let me know.

John Woollett, 01327 830470, jcwoollett@btinternet.com

WW1 Commemorations

Are there any people living in the parish who are related to men who lost their lives during W.W.1 and also related to those who are commemorated on the memorial tablet in Holy Cross Church. If so we would like to hear from you as we are hoping to gather in more information to mount a small exhibition which will take place later on in the year.

Contact Jan on 830996 if you can help with this.

Superfast Broadband

As you may have read Superfast Broadband went live in Towcester, Weedon and Paulesbury on 3rd February, two months ahead of schedule. The Pattishall exchange (together with Silverstone) is due to be upgraded in March (and Blakesley with Blisworth in June). It is however probable that not all premises may gain access to Superfast Broadband in the same phase of the project and so may be subject to slightly different solutions and timings.

Superfast broadband is generally defined as having download speeds of at least 20Mbps – and more importantly, these speeds come with no upper limit. This compares with standard ADSL speeds that currently average about 7.6Mbps (and often much less). The increased download speeds of superfast broadband will translate into faster download times for music, TV streaming as well as playing online video games.

For further information see www.superfast-openreach.co.uk or contact your broadband provider.

Quiz

Have you booked your place on the Quiz?? It is to be held on Saturday March 22nd in Pattishall Parish Hall 7.30 for 7.45 start.

Teams of 6 - 8. £10 per player. There will be a raffle.

A Ploughman's supper will be served during the break. Bring your own drink.

Make up a team and join us for a fun evening!

To reserve a place phone Wendy on 830583 or Jan on 830996. In aid of Holy Cross Facilities Fund.



Pattishall Neighbourhood Watch

Please remember to report anyone acting suspiciously **01604 432436**. There have been different types of crime happening recently around our area.

- Cold calling with criminals pretending for instance to be NHW asking for information.
Red crosses painted on roads and properties for fuel theft.
Pebbles on car tyres to check whether the car has moved and the property may be unoccupied and a target.
Phone scams - pretending to be police officers.
- Smartwater. For the last few years NHW has been ordering Smartwater kits for Pattishall Parish residents (with a special discount price).
From 1st January Smartwater has increased the price to £25. This is the price to everyone in a NHW scheme. You can now order your own kit either online or by phone but will need to quote the special discount code. If you would like any further information on Smartwater please contact your street warden or the Coordinator.
- Every road/close in Pattishall Parish has a street warden. If you do not know who your street warden is please contact the Coordinator.
- Our next meeting is Thursday 20th March. 7.30pm Parish Hall. Everyone is welcome.

Linda Hemming (Coordinator)
linda_hemming@hotmail.com
Tel 01327 830744

Mobile Library Service

The Northamptonshire mobile library service visits Cold Higham and Pattishall on different days! Visits are once per month at the times & locations below.

Stop: Pattishall, Leys / Festival Road , 15:40 - 16:05

Dates: March 19th April 16th

Stop: Cold Higham, Telephone Box 17:35 - 18:00

Dates: March 14th April 11th



Pattishall WI

Our first meeting in 2014 was a light hearted quiz chaired by Hilary Aslett, a good way to start our new year. We also went to Northampton College to enjoy one of their excellent lunches so beautifully served by the trainee students.

February looks interesting - a talk on Red Kites (the feathered variety I presume) by Brian Sumpton.

The March meeting promises the "Aaa" factor with a talk by Barbara Johnson on Hearing Dogs.

In April Julia Hardcastle will be explaining "What is Autism".

Please come along if any of these topics interest you. You will receive a warm welcome and the refreshments are good too!

Dairy dates:

12th March Hearing Dogs

9th April What is Autism?

The Pattishall & District Produce Show Sunday 14th September 2014

After an absence of seventeen years our village produce show returns on Sunday September 14th in Pattishall Parish Hall and is open to residents of the parishes of Pattishall and Cold Higham and to children educated in the parish. There will be classes for vegetables, fruit, flowers and plants along with floral displays. Photography, preserves, wine and cakes in fact there will be something for

everyone including a children's section. We hope to have an array of stalls and to provide tasty treats from local suppliers.

We will be raffling a luxury hamper plus other prizes at The Eastcote Arms on Friday March 14th from 6pm onwards by kind permission of our hosts Greg and Janie. Raffle tickets will be on sale on the night with the draw taking place at 9:30pm. So do please put the date in your diary and make this a night of community spirit to help launch the Produce Show. We have several trophies but should you wish to donate a cup or shield then please do get in touch. Anyone wishing to have a stall at the show should also get in contact.

In this edition of Around Pattishall we are publishing the Fruit, Vegetable, Flower & Plant Classes as the horticulturists will need to get planting ready for September. Future editions will have the other classes published with the full schedule and entry form available in the summer.

FRUIT: three cooking apples: three dessert apples: largest apple: five plums: plate of ten raspberries: plate of ten blackberries: tray of fruit not listed minimum three maximum six.

VEGETABLES: strangest vegetable any variety, shape, type or size: six radishes (no tops): five potatoes: five onions not exceeding 8oz each: three carrots with tops: six pods French beans: six runner beans: longest runner bean: longest parsnip: longest carrot: heaviest marrow: largest pumpkin: tray vegetables not listed minimum three maximum six

FLORAL ARRANGEMENTS: hanging basket or window box: flower arrangement in cup with saucer max height 15cm max width 15cms: flower arrangement using wild flowers and foliage max height 80cms max width 80cms: flower arrangement "Centenary of World War One" max height 60cms max width 60 cms: vase of mixed flowers max height 60cms max width 60cms

FLOWERS & PLANTS: three herbs in a planter: three roses of same or differing varieties: one specimen rose: tallest sunflower: gladioli one spike: dahlia (ball) three blooms: dahlia (other than ball) three blooms: asters five blooms: three clematis heads any variety or varieties: geranium/ pelargonium in a pot: one flowering pot plant: one foliage pot plant: vase of sweet peas: vase of chrysanthemums

We look forward to seeing you at the celebration evening at The Eastcote Arms on March 14th and at The Parish Hall six months later at the Produce Show on September 14th. For further information contact Barry Evans tel 01327 830523 email sixpencesheep@aol.com.

Organisers: Kate Bartlett, Philip Bates, Helen Burt, Barry Evans, Iris Illingworth, Val Steel & Lee Wood.



Pattishall Parish Hall

Pattishall Playing Field

Thank you to all who supported the Christmas Draw in aid of the hall. A grand total of £772 was raised. The prize winners were:

1 st	0825	Jon Mytton	6 th	0510	Andrew Lawrence
2 nd	0765	Christine Marsh	7 th	0157	Phil Parris
3 rd	0503	Pete Warren	8 th	0115	Maggie Sweet
4 th	0052	Jim Brophy	9 th	0261	Anne Black
5 th	0413	Jonathon Stewart	10 th	0026	Dale Furniss

The new entrance hall is taking shape with the installation of the doors, windows and cedar cladding. We wish to thank all the hall users for their patience during the alterations and know that the improvements will add greatly to the facility. Once this phase is complete we will turn our attention to improving the car park. We are investigating whether it is possible to have a paved walkway from the gate to the new entrance.

We received a generous donation of £250 towards the hall refurbishment from CMWC of Pattishall. To continue our fund raising we are holding an **Afternoon Tea on Sunday 6th April from 2-5pm**. Come along and see the progress on the hall as well as information about future events including the Music Event in July and the Produce Show in September.

Iris Illingworth

For Sale

- Full set of Ladies R.H. golf clubs in excellent condition £65
- Gents Mazuno Power Driver £10
- Golf bag - "Masters" colour dark green, trolley bag £20
- Golf Bag - "Hippo" colour blue, as new, carry and stand £35

Local - tel. 01327 830317

Lent 2014

Ash Wednesday service in Holy Cross at 10:00am and 7:30pm.

Taize service round the benefice each Saturday in Lent at 5pm starting on 8th March at St John the Baptist, Tiffield.

For Holy Week and Easter Day services please see April services.

Janet Steel

Janet Steel's family would like to thank everyone for their help and support over the past few weeks. The numerous cards that we have received have underlined to us how much Janet was loved and respected in the local area. It was comforting to see such a large turnout for the service at Eastcote.

Thank you all,
Pete, Paul, Val, Dawn and Adam

Pattishall Parish Council

Parish Clerk

Ann Addison
The Paddocks, Baker Street, Gayton, Northampton NN7 3EZ
01604 858226
EMAIL a_addison@btinternet.com

Chairman

John Woollett	Allotment	01327 830470
---------------	-----------	--------------

Council Members

Roger Clarke	Trees and hedges	01327 830509
Rachel Gardner	School Liaison	01327 831146
Sally Harrhy	Communications	01327 831433
David Hodges	Highways	01327 830679
David Keeble	Grass Cutting	01327 830792
Mark Mitton	Planning	01327 831089
Emma Neill		01327 830864
Robert Hart		01327 830746

Parish Council meets on the 2nd Thursday of each month in Pattishall hall at 7.45pm

The village spring clean will take place on Saturday 22nd March.

The roundabout from the playing fields is being repaired at the moment and we hope to have it back in use as the weather improves.

We have a constant and ongoing problem with potholes; we have been informed that very few repairs will take place over the winter due to weather conditions making it impractical.

Northamptonshire's Best Village 2014

Are you proud of your village? Does it have a community spirit?

Then you have very good reason to enter Northamptonshire's 2014 'Best Village' competition.

- Open to villages with populations up to 6,000
- Three different categories based on village size
- Special award for best 'newcomer'

The judges are looking for all aspects of village life: community and social activities; local communication; the village website; the provision for young people and more senior residents; the involvement of local businesses; sustainability; general tidiness; and the welcome given to visitors.

If you feel inspired to champion your village, contact your Parish Clerk who will be receiving an application form by the end of January.

Also, new JUDGES are required to join our existing team for this competition. You will visit 3 - 4 villages each year, assessing them for the competition. Full instructions and training are given.

If you enjoy village life and are interested in the community spirit it fosters, if you are interested in finding out what other villages get up to and talking to people who have similar interests, then this volunteering opportunity may be for you.

To find out more, visit <http://northantsacre.org.uk/projects/best-village-competition/>

or email Barron Walton, Northamptonshire Best Village Competition Co-ordinator, at barron.walton@northantsacre.co.uk or telephone 01604 831803.



Gardening Club

The next meeting of the Gardening Club will be held on 5th March in the Parish Hall at 7.30pm when Ann Bird will share with us her love of roses. Ann is a past president of the Royal National Rose Society, lecturer and rose judge. She firmly believes that no garden should be without roses.

On 2nd April we welcome back Chris Day who will encourage us to eat healthily and grow our "5 a day".

New members and guests welcome.

Christine Russell 01327 830012



*Situated in the grounds of
Pattishall Primary School*

Little Dragons, described by OFSTED as outstanding, is a small 30 place nursery, ensuring individual care and attention. We are a Forest Nursery - committed to outdoor learning and fun in all seasons.

We have a mature and experienced staff of teachers and nursery nurses, mostly mothers ourselves!

We provide activities such as cooking, gardening, sewing, music, drama, dance, yoga, singing, and swimming too!

We also provide a healthy, home cooked menu, mostly organic with no unhealthy additives.

Open 8am-6pm 51 weeks a year
for children 6 weeks to 5 years

School Road, Pattishall
01327 830202

Ballet, Tap and Modern Classes

*Fun ballet, fitness and
dance classes.*

*From toddler awards to
intro1 grade one classes,
GCSE grades1-5 and
A levels grades 6-8*

First Class FREE

**Acrobatic gymnastic and
modern Jazz GCSE exams**

**Our graded examinations include
GCSE, A level & NVQ**

Email whsod@yahoo.co.uk
or telephone **07929 963 976**



Indoor and outdoor
Party fun for adults and
kids all ages!

Pattishall and
surrounding villages

To book contact
Sarah-Jane on **07702 821087**

J.E. TOWNSEND & SON

Fencing Contractors

All types of Fencing & Gates
supplied and/or Erected.

Including Agricultural,
Domestic & Industrial.

For expert advice and
free Quotation please phone

Pattishall **830093** or **830212**

Wags & Wellies

Individual Dog Walking and Pet Care

An independent small local
business concentrating on one
to one care for your faithful
companions at all times.

CRB checked & Fully insured
Free initial consultation/walk
Competitive rates

Tel: 01327 831641

Mob: 07823 443779

Email: wagswellies@outlook.com



HOLMEVIEW GARDEN STUDIO

Professional Complementary Therapies

*Do you suffer from backache,
sciatica, painful arthritis,
sinus problems, migraines,
hayfever, cold feet or swollen
ankles or any skin condition?*

*Are you becoming hard of
hearing?*

*Are you stressed with life or feel
depressed?*

*Would you like to relax and be
pampered in warm comfortable
surroundings?*

*Whatever your problem, you will
receive a warm friendly welcome
at Holmeview Garden Studio.*

*There are many treatments to
choose from*

(Prices range from £20-£38)

HOLMEVIEW GARDEN STUDIO

Holmeview
8 Greenway
Eastcote
Northants NN12 8NH



For an appointment:
Phone: 01327 830909

Or e-mail: pughjean@btinternet.com

Local Carpenter

For Free Quotation call:

Paul Nicholls

01327 830684

07890 668307

2 Church Lane, Cold Higham



NEW FREE VALUATION DAY

**Antiques, Jewellery, Silver, Gold,
Ceramics and Collectables**

Charles Hanson

and his team of valuers

WEDNESDAY 12th March

WEDNESDAY 9th April

Cold Higham Village Hall, 11am-3pm

*Free Home Visits for Large Collections
And Advice on House Clearances*

Refreshments available

For more information contact 07834 062268

service@hansonsauctioneers.co.uk

www.hansonsauctioneers.co.uk

Hansons Auction Centre,
Heage Lane, Etwall, Derbyshire, DE65 6LS

Have you arranged your Will yet ?

*To arrange a free home visit
without obligation call:*

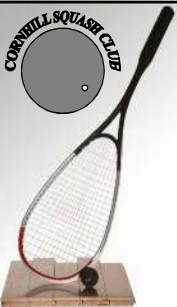
Graeme Fuller

01327 830462

www.collectivelegalsolutions.co.uk/graemefuller

Making a Will
Inheritance Tax
Probate

Document Storage
Property Protection
Lasting Power of Attorney



Cornhill Squash Club

New members welcome

Contact

Jamie Hayes 01327 352767

**For an application form or a free
introductory game**

***We are a small local club, just
5 miles north of Towcester,
offering basic facilities for
friendly and competitive play
at probably the cheapest rates
in the area***

First year's annual membership £40
Games £2.50 per person – 40
minute session



Looking for a new kitchen,
bathroom or fitted bedroom?

Visit our Towcester design studio
and make some great savings on
our quality, fitted interiors.

Or call us today to arrange a free quotation.

parkerkitchens



For your perfect kitchen, bathroom or bedroom

Call us on 01327 359282

Visit us at The Old Cattle Market
Watling Street East, Towcester NN12 6HN

www.parkerkitchens.co.uk



DPW PLUMBING & HEATING
(07581) 372 719

**ALL PLUMBING AND HEATING WORK
UNDERTAKEN FROM NEW BATHROOMS TO NEW
BOILERS, YEARLY SERVICES AND EMERGENCY
CALL OUTS!**

**QUALIFIED OIL SPECIALIST AND
RENEWABLE SYSTEM ENGINEER**

(NO JOB TOO BIG - NO JOB TOO SMALL)

PATTISHALL PARISH HALL **AVAILABLE FOR HIRE**

- ❖ Ideal venue for birthday parties, anniversary parties, children's parties, retirement parties, Christmas parties, in fact, parties for any special event.
- ❖ Also suitable for many other gatherings and events where you might need a large space and kitchen facilities
- ❖ Two rooms to choose from
 - Small Hall accommodates 30-50
 - Large Hall accommodates 150
- ❖ Use of kitchen, tables, chairs, cutlery and crockery included in hire fee
- ❖ Discounted hire fees, at very reasonable rates, for residents of Pattishall Parish

Check availability with Suzanne, Bookings Officer

email - bookings@pattishallparish.org.uk

phone - 01327 830279

Full details about the Parish Hall are available on the parish web-site –

www.pattishallparish.org.uk



THE MUDDY BOOT MEN

BESPOKE GARDEN MANAGEMENT

Complete garden maintenance available from April 2014

For any Spring enquiries:

Please call Ben Atkin on 07756 719114

Or visit our website

www.themuddybootmen.co.uk



Fairtrade Sale & Afternoon Tea

Saturday 1st March
2-4.30pm
Astcote Methodist Church

Come and browse Fairtrade
over a cup of tea....

- Gifts
- Cards
- Food etc

Also

- Tombola



SMITHS NEWSAGENTS

*Enjoy the luxury of
a newspaper
delivered to your door!*

Ring us on
01295 268499

or e-mail

info@smithsnewsagents.co.uk



SMITHS NEWSAGENTS

Please Support

Poor lost soul doesn't want to go home. Wife beats him and takes his money!



Keith would rather bring his carpet and vinyl samples and talk to you. He sells, estimates and fits the carpet or vinyl himself. He's been in the trade 43 years.

***You won't beat his Price,
Service or Reputation***

Keith's
Carpet Fitters

Weedon, Pattishall
& Towcester

Tel:

01327 860479

Mobile:

07966 428627

TOWCESTER FARMERS' MARKET

**2nd FRIDAY OF
EVERY MONTH**

**RICHMOND ROAD
CAR PARK
9am until 1.30pm**

**Fresh local produce
on sale**

Managed for the Community
by Towcester Lions Club

Reg. Charity No. 1133261

Pattishall Parish Hall
Saturday 5th April
2-4.30pm



Join us for Messy Church

Messy Church is for all the family – Mums, Dads, Grandparents and Children of all ages. For two hours there will be crafts and activities that adults and children can do together based on a biblical theme, a time of sharing with a prayer and a song, and then we all have afternoon tea. We hope you will be able to join us!

We Look Forward to Seeing You!

Organised by the Messy Church Team from
Astcote Methodist Church & Holy Cross

COLD HIGHAM ART GROUP

Art Classes start again on 13th March then every 2 weeks on **Thursday Afternoons** 2-4 pm at Cold Higham Village Hall.

£5 a session.

Beginners very welcome.

We cover all the basics. If you would like to have a go, why not join our friendly group?

For information contact

Colin Bywater **01327 830343**

colin.bywater@tiscali.co.uk

Pattishall Parish Plan 2 Questionnaire



Thank you to everyone who returned a questionnaire.

Responses: 195 (30%)

The response rate - 30% - is lower than 2007 but the survey has provided the basis for Parish Plan 2 (PP2). PP2 will consider the needs and aspirations of the Parish over the next 10 –12 years, including future housing development.

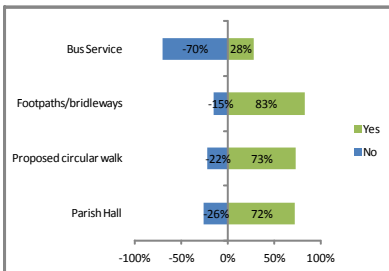
In the short term, views expressed in the questionnaire have been used to support the Parish Council response to the South Northamptonshire Local Plan consultation process, which was submitted at the end of January 2014.

Demographics

The demographic data captured in the questionnaire compares well with the 2011 census data that has been summarised as part of the SNC consultation pack.

- Number of households, November 2013 = 656 (91% Owner Occupied)
- Almost 70% of residents have lived in the Parish for more than 10 years
- 8% of households are currently in need of alternative accommodation

Use of facilities – do you use?



Village Greens

Many respondents were not aware of the village greens and most thought they were OK at best; few saw the greens as valuable green space. However the vast majority of suggestions were positive and supportive of some level of improvement action.

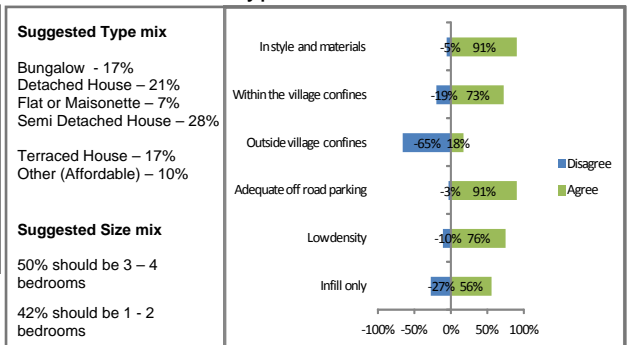
PP2 Planning Process

The data plus suggestions highlight the following potential actions for PP2:

- Protect our local green spaces from development
- Re-furbish the village greens

Future Housing Development

What type of new homes are needed?



- Create a people/dog friendly (by replacing stiles with kissing gates) circular route/linear park linking the three villages
- Encourage involvement/engagement of the wider community
- Identify at least one site per village for limited development. (It is essential that the community has the opportunity to suggest specific sites within PP2 for future growth, rather than allowing piecemeal development to take place)
- Improve access to Parish Hall/Playing Fields with a new pedestrian/disabled walkway from main gate to entrance, re-surface car park and better lighting
- Try to establish a community shop based in one of the pubs
- Make more of historic linkages to shoe industry and site of internment camp

Other Issues

- Speeding still a concern Astcote, School Road, Banbury Lane, A5
- Designated bus stops, bus shelter
- Parking at the school
- Pedestrian crossing at School
- Coffee shop - meeting point
- Faster Broadband

The PP2 steering group considers it vital that the community should be fully engaged in the PP2 planning process and delivery of the action plan. The target date for publication of PP2 is July 2014. Further information is posted on the Parish website: www.pattishallparish.org.uk

Bob Illingworth, on behalf of the PP2 steering group pp2@pattishallparish.org.uk



Introductory Six Week Movement & Flexibility Programme



- Do you suffer from lower back pain?
- Do you get unspecified “aches and pains”?
- Do you get stiff sitting for a long time?
- Have you got poor posture?
- Have you got knee problems?
- Do you have difficulty touching your toes?
- Have you got poor flexibility?
- Are you less agile than you used to be?
- Do you lead a sedentary lifestyle?

Many people who say “yes” to any of these questions think that it’s something they just have to learn to live with. We’re here to tell you that it’s not. In a six week programme of one hour a week with a fitness professional in a private studio, we can begin to reverse this decline. And what’s more, WE DO MOST OF THE WORK!!!

To introduce you to this innovative new programme we are offering a special discount rate. INSTEAD OF THE NORMAL PRICE OF £270.00, IF YOU ARE ONE OF THE FIRST 10 PEOPLE TO CONTACT US, YOU CAN RECEIVE ALL THE BENEFITS OF THE COURSE FOR ONLY £199.00. Plus, as with all Wellbeing Fitness’s services you get a FREE consultation beforehand to ensure that between us, we can decide whether you would benefit.

To **book your FREE consultation**

simply call **01327 351110**,

or email **info@wellbeingfitness.co.uk** with your name and telephone number and we will call you to arrange an appointment.

www.wellbeingfitness.co.uk

Wellbeing Fitness, Unit 4, Lucas Bridge Business Park, Old Green’s Norton Rd, Towcester, NN12 8AX.



Mr Jon Campion

MBBS, BMedSci, FRCS
Consultant Orthopaedic Surgeon

Mr Gary Mundy

MBChB, FRCS, Diploma Sports Med
Consultant Orthopaedic Surgeon

***Expertise and the Highest Professional Standards
In well equipped and comfortable surroundings***

Specialising in:

- **Knee & Hip Problems**
- **Arthritis & Joint Replacement Surgery**
- **Sporting Knee Injuries**
- **Arthroscopic “Key hole” Surgery**
- **Trauma & Fracture Management**

*Registered with all major health insurance providers
With competitive rates for non-insured “self paying” patients*

Contact

Email: info@northamptonorthopaedics.co.uk

Or

Call Jayne on 07788485558

For Clinic details, Patient information & Treatment options see our website:

www.northamptonorthopaedics.co.uk



tangerinefitness.com

tracey@tangerinefitness.com

Our focus is on **Personalised, Technical 1-to-1 Private and Small Group Sessions** in a variety of locations across Northants



Indoor Bootcamp

This Class Concentrates on Burning Fat and Increasing Lean Muscle...

A focus on high intensity training which raises the heart rate in short bursts.

A variety of equipment is used such as skipping ropes, boxing pads/ gloves and dumbbells.

UNIT 17, ROTHERSTHORPE IND. ESTATE, NORTHAMPTON

Monday Evenings 18:30-19:30
Tuesday Mornings 06:30-07:30
Pay as you go £5 per session
...or £25 for SIX sessions



Circuit Fitness

A 'New' Circuit Style Class That Will Increase Your Fitness Levels, Strength and Endurance...

The combination of Dumbbells, Kettlebell's and Boxing Fitness achieves great results.

This class is designed for ALL LEVELS.

PATTISHALL VILLAGE HALL ASTCOTE, NORTHAMPTON

Saturday Mornings 08:45 - 09:45
Pay as you go £4.50 per session
...or £20 for FIVE sessions



Stott Pilates

Small Group Sessions Max Number is Six...

1-to-1 Pilates Sessions are recommended before attending a class.

This will ensure postural analysis is done on each client and a programme is designed specifically for the individual.

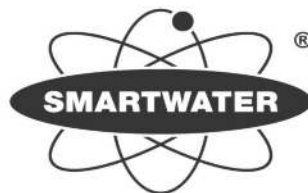
PATTISHALL VILLAGE HALL ASTCOTE, NORTHAMPTON ...AND OTHER LOCAL VENUES

Tuesday Evenings 19:00-20:00
Stott Pilates Class £12 per session (one month block booking required)
1-to-1 Session £40
Loyalty discounts available

Whatever your goal, we can help you achieve it.

Personal Training also available 07940 716527

SMARTWATER FOR NEIGHBOURHOOD WATCH



SMARTWATER HOME SECURITY PACK ONLY £25.00, NO ANNUAL FEES

SmartWater, the crime fighting phenomenon, is available to Neighbourhood Watch members for a **one off payment of just £25.00 including free delivery, with no annual fees (RRP £59.88 per annum)**. Be a crime fighter and join over one million SmartWater users across the UK!



HOW SMARTWATER WORKS:

- Assigns your valuables with their own unique forensic code, allowing them to be traced back to you
- Makes your home less of a target for thieves
- Can be used on anything from electronic equipment to jewellery
- Easy to apply, only visible under UV light - does not leave unattractive marks or stains
- Proven to work - widely used by the police and feared by criminals
- Gives added peace of mind
- Supplied with signage to warn thieves that your home is protected.

HOW TO BUY:

Please visit **www.smartwater.tv/affinity**

Or call **0800 521 669**

Use discount code: **NHW25H**

*Offer applies to SmartWater's 1-4 Bedroom Home Security Pack only.



www.smartwater.com

© 2013 SmartWater Technology Limited

© SmartWater, the SmartWater yellow and atom logo are trademarks of SmartWater Limited.
SmartWater is a proprietary forensic asset marking System and Strategy protected by worldwide trademarks and patents.

Volunteering at Canons Ashby

Canons Ashby is a beautiful and historic National Trust property, located in the heart of the Northamptonshire countryside to the north of Banbury. It was recently voted Northamptonshire's Heritage Site of the Year. Incorporating a fascinating house and church, picturesque formal topiary gardens and ranging parkland, there is something for all visitors and volunteers.

Here are just a few of the roles on offer:

- Welcome Team and Buggy Drivers, Room and Garden Guides
- Coach House Assistants (Visitor Reception and Shop)
- Family History Research Assistants, Gardeners
- Weekend volunteers especially required.

Get in touch with us if you want to find out more:

Email: canonsashby@nationaltrust.org.uk

Phone: 01327 861900

Address: Canons Ashby House, Canons Ashby, Daventry, NN11 3SD

Where Can I Get More Food Caddy Liners?

South Northamptonshire Council has created a local network of shops which stock the food caddy liners for use in the new food caddies. When your free roll of liners runs out, you can purchase more liners at the following shops local to Pattishall:

Blisworth Store & PO, High Street, Blisworth
Deanshanger Food & Wine, Puxley Road, Deanshanger
Deanshanger PO , High Street, Deanshanger
PO & Stores, High Street, Greens Norton
Milton Malsor Stores, High Street, Milton Malsor
Cottage Stores, High Street, Potterspury
Roade Post Office, High Street, Roade
Croft Stores (Nisa), Stocks Hill, Silverstone
Towcester Convenience Store, Brackley Road, Towcester
Tesco, Old Tiffield Road, Towcester
Paynes Nurseries, Watling Street East, Towcester

Other outlets (including online shops) are available, and more local shops will be added to the list shortly. Please note, liners must be compostable, not just biodegradable. Keep an eye on www.southnorthants.gov.uk/liners to see the updated list of verified sellers. If you run a local shop and would like to become a stockist, please email or call the Council to find out how you can join the scheme.

Cold Higham Parish Council

Local Plan

We have been kept very busy from late November until late January with the preparation of the Cold Higham Parish Local Plan. The plan explains our vision for the future of the Parish over the next 15 years or so, for ourselves and for the next generation. The Parish meeting in the Village Hall was very well attended, there was a great response to the questionnaires, there were many volunteers for the Parish Confines walks (real or virtual) and respondents' views are incorporated in our submission which is now with SNC.



Spring Litter Pick – Sunday 23rd March

2013's litter pick was called off due to deep snow; nothing smaller than 4 inches tall would have been visible! This year's litter pick has been set for 23rd March and the usual smart and useful gear will be available for volunteers at the phone box in Grimscote and in Church Lane Cold Higham at 11:00 on Sunday 23rd March. Please join in; many hands make light work and an hour usually sees the Parish verges picked clean.

Dog Fouling

This is a problem which returns from time to time in specific areas of the Parish, and is currently particularly bad along the length of Mill Lane. Please remember that across the whole of the Parish, not cleaning up after your dog is something that may be seen by someone else, and if reported is likely to result in a fine.

Potholes

Potholes and other road surface problems should be reported online to Street Doctor (just Google Street Doctor). If we report them, they will be filled in. If we don't, they won't.

Ken Tomkinson



Great British Fish and Chip Supper Friday 16th May

Hold a Fish and Chip Supper to help spinal cord injured people rebuild lives after injury.

Want to eat Fish and Chips, while raising money for charity? Hold a fish and chip supper on Friday 16th May 2014 whilst raising awareness of spinal cord injury and supporting SIA's vital services.

You can hold a fish and chip supper in your own home, at work or hold a larger supper at your local community centre.

SIA will provide a fundraising pack containing hints and tips, recipes, invitations and donation envelopes. By inviting 8 friends and asking them to donate an additional £5.00 means you will raise at least £40.00 from your supper but we will also give you additional fundraising ideas to raise even more money for SIA.

In 2014 SIA is celebrating its 40th anniversary and so we want to make the batter matter and raise £25,000 from everyone holding suppers. Last year we raised £12,500 from the suppers.

The money raised from the suppers will help the Spinal Injuries Association offer support to individuals who become paralysed and their families, from the moment a spinal injury occurs, and for the rest of their lives by providing services and publications which enable and encourage paralysed people to rebuild lives after spinal cord injury.

Every year in the UK over 1,000 people experience a spinal cord injury and there are an estimated 40,000 spinal cord injured people in the UK alone.

Community Fundraising Manager, Elizabeth Wright, says, "The Fish and Chip Supper is a wonderful opportunity for a great evening with friends and family. We are also encouraging people who work to hold a Fish and Chip Lunch in their work places to raise even more funds. You may be even a local community group wanting to run a fun evening with your group."

For more information or request a fundraising pack call Elizabeth Wright on 0845 071 4350 or email fundraising@siafishandchips.co.uk or visit www.siafishandchips.co.uk



Senior Citizens Luncheon 2013

December 7th, thankfully, was dry and bright, so all who attended were able to come into our lovely refurbished hall via the back entrance (due to the front entrance still being under construction) without too much trouble. It was very noticeable that the new windows enabled the hall to retain its heat so everyone was more than comfortable.

A wonderful dinner was served by 4 members of our Youth Club guided by Suzanne. The cooking etc., was very efficient due to my excellent band of helpers, Jo, Katy, Helen, Val, Karen, Joan, Heather and Jonathan and our newest recruit Sam. Our wine waiters Nigel and Jeff kept everyone topped up. Thanks too to our entertainers, Gordon, Charles and John, also Jose. (Hope I have not missed anyone out.)

Looking forward to seeing you again on the first Saturday in December next year.

Libby



Pattishall Mums and Tots

Calling all Mums, Dads, Grannies, Child Minders and carers of children in and around Pattishall, your Mums and Tots group needs you!

Mums and Tots is the local get together for Mums and carers of children from newborn to school age. We meet at Pattishall Parish Hall on Wednesday afternoons from 1.30 to 3pm. There are lots of toys and ride-ons, space to play, a quiet area and toys for the tiny tots. We have a different craft every week and Mums can enjoy a coffee and cake while the little ones play and enjoy a juice and a biscuit too.

Come along and make friends while the little ones have fun. Its just £1.50 for the first child and £1.00 for siblings. Come and give it a try, we look forward to welcoming you.

Helen Burt greenewe@btinternet.com

Have your voice heard

People who are actively involved in their community are being asked to assist the police and Police and Crime Commissioner on different aspects across the criminal justice system, by becoming an Independent Advisor. Volunteers are sought in Daventry and South Northamptonshire to consider how police policies, practices and procedures might impact them and their peers. Northamptonshire Police and Police and Crime Commissioners are committed to engaging regularly with diverse communities across the county and Independent Advisory Groups (IAGs) provide one of many forums to enable this.

Geoffrey Clayson, a member of the Daventry and South Northamptonshire Independent Advisory Group said: "I was very interested in joining an IAG when I heard about them, mainly because I thought I could make a difference to local policing. I have local knowledge about the area I live in as well as experience as a Parish Councillor."

The bi-monthly meetings bring different people together around a table to discuss important topics. Being a member of an Independent Advisory Group is not just about sitting at a meeting. It is a two-way process where we can raise any concerns each of us might have that are affecting the particular community or area that we represent, and we are also given the opportunity to be a part of new ideas and ways of working by the Force and Police and Crime Commission. There is an opportunity to expand the Independent Advisory Groups and use members more. The police and the Police and Crime Commissioner have an important job to do and volunteers are keen to help to achieve some of the aims that will no doubt impact communities.

Daventry and South Northamptonshire Chief Inspector Tom Thompson said: "We welcome new members to the Daventry and South Northants IAG who will be able to challenge constructively and offer advice to us, especially if they feel that their particular community is not always heard. We are seeking people who have an awareness of cultural needs or specific issues that affect a particular community, for example a rural community, young people, religious group, ethnic group, or experience of working with different groups i.e sex workers or drug users."

Northamptonshire Police and Crime Commissioner Adam Simmonds said: "If you live or work in the county, are interested in what the police are doing in your community, feel you are able to challenge and offer advice to us, then please do get in touch. Together we can improve services across the whole criminal justice system."

Application forms can be found by visiting the Volunteering Opportunities section on the PCC website www.northantspcc.org.uk Deadline for applications is the 3rd March.



Bus Service

The new **North Gate Bus Station** in Northampton will open on Monday 3rd March, replacing Greyfriars. Our number 87 bus will arrive and depart from Stand 16 which is on the Market Square side of the Drapery. The bus timetable appears unchanged except that buses will leave the Drapery two minutes earlier than the times shown on the current timetable.

New bus timetable below - I will also put copies in the Village Notice Boards.

Towcester • Green Norton • Pattishall • Rothersthorpe • Northampton

87

MONDAYS TO SATURDAYS EXCEPT PUBLIC HOLIDAYS, sorry, no Sunday service

Towcester Northampton Rd/Seena Dr	0956	1155	1355	1655	The Drapery bay 16	1058	1258	1558	1758		
Towcester Tesco	1001	1201	1401	1701	Towcester Road B&Q Superstore	1103	1303	1603	1803		
Towcester Square (Southbound)	0724	1004	1204	1404	1704	Towcester Road Post Office	1105	1305	1605	1805	
Towcester Highfields/Redmoor	0729	1009	1209	1409	1709	Northampton Mereway Tesco	1110	1310	1610	1810	
Towcester Springfields	0731	1011	1211	1411	1711	Banbury Lane	1117	1317	1617	1817	
Greens Norton High Street	0735	1015	1215	1415	1715	Rothersthorpe Banbury Lane	1119	1319	1619	1819	
Duncote Main Road	0737	1017	1217	1417	1717	Gayton Bugbrooke Road	▼	▼	▼	1825	
Astcote High Street	0742	1022	1222	1422	1722	Eastcote Greenway	1126	1326	1626	1830	
Pattishall Church Street	0744	1024	1224	1424	1724	Pattishall Church Street	0930	1129	1329	1629	1833
Fosters Booth Red Lion Pub	0746	1026	1226	1426	1726	Fosters Booth Red Lion Pub	0932	1131	1331	1631	1835
Eastcote Birds Hill Road	0748	1028	1228	1428	1728	Astcote High Street	0934	1133	1333	1633	1837
Gayton Bugbrooke Road	0753	▼	▼	▼	▼	Duncote Main Road	0939	1138	1338	1638	1842
Rothersthorpe Banbury Lane	0759	1034	1234	1434	1734	Greens Norton High Street	0941	1140	1340	1640	1844
Banbury Lane	0801	1036	1236	1436	1736	Towcester Springfields	0945	1144	1344	1644	1848
Northampton Mereway Tesco	0808	1043	1243	1443	1743	Towcester Highfields	0947	1146	1346	1646	1850
Towcester Road Post Office	0813	1048	1248	1448	1748	Towcester The Square	0952	1151	1351	1651	1855
Towcester Road opp B&Q Superstore	0815	1050	1250	1450	1750	Towcester Northampton Rd/Seena Dr	0956	1155	1355	1655	1859
The Drapery arrival	0820	1055	1255	1455	1755	Towcester Tesco	1001	1201	1401	1701	1905

If you have any comments/queries about the new bus station (or the bus routes that service this area) once it is in operation please let me know by email:

ann.atkin51@btinternet.com or telephone: 01327 830907. I will be attending a meeting on Saturday 15th March when any feedback can be given.

If you would like a preview of the new bus station it will be open for visitors on Saturday 1st March when some vintage buses will be on show.

Ann Atkin

Greens Norton Medical Centre Patient Information Leaflet

Emergencies dial 999 Always call 999 if someone is seriously ill or injured, and their life is at risk.	Examples of medical emergencies include (but are not limited to): <ul style="list-style-type: none">• <u>chest pain</u>• difficulty in breathing• unconsciousness• severe loss of blood• severe burns or scalds• choking or drowning• fitting• severe allergic reactions
Greens Norton Medical Centre 01327 358287 01327 359670 (Dispensary) Surgery Hours: Mon Tue Wed Thur Fri Open 0800 0800 0800 0800 0700 Close 1830 1830 2000 1830 1830 If you have an urgent medical problem you will be able to access a health professional within 24 hours. Patients who need to be seen urgently will always be seen at the end of either the morning or evening surgeries. During these hours minor illnesses like stomach upsets or ear infections, or injuries such as sprains, strains, minor burns or wounds can also be treated at the Centre.	Triage Some problems can be resolved over the telephone (triage). The doctor will decide whether an emergency appointment or telephone consultation is appropriate. There is also a facility for nurse triage during morning surgeries. Talking to a Doctor by Telephone If you wish to speak to a doctor personally, they are usually available at the end of morning surgery. You will be asked to leave a telephone number so that the doctor can call you at a mutually convenient time. Only very urgent calls will be put through to the doctor during surgery hours. If possible, please tell the administrator what the call is about so they can review your notes and assess how urgent the situation is.
Out-of-hours Doctor and 24-hour access to health information: dial 111 The new way to access out of hours doctors appointments and Health information.	The adviser will ask you questions to determine the appropriate course of action. They can book out of hours doctors appointments, direct you to A & E or Minor Illnesses/Injuries unit, call an ambulance, or just provide advice over the phone.
Pharmacist Qualified pharmacists in your locality can give you expert advice on medicines and how they work.	They can also help you decide whether you need to see a doctor. You don't need an appointment, and can talk to them privately and in confidence.
Accident and Emergency Operates 24/7, Northampton General Hospital, Cliftonville	Deals with acute injury or illness, which may or may not be life-threatening. Very limited car parking near the entrance at Cliftonville, may need to use car park 1

ASTCOTE METHODIST CHURCH

Team Ministry

Rev. Tina Swire, Rev. Martin Swan, Rev. Phil Snelson, Rev Nutan Suray
Deacon Richard Beckett

To contact a Minister please ring the Circuit Office: 01604 721908

Sunday Services, 10.30am. Services are generally informal. Family Services on the third Sunday in the month.

Children/Youth Groups Sunday Club 8-11 year olds 6-7pm and 11-18 year olds 7-8pm (all in term time). Contact John Atkin on 830907 for more details.

Lunch Club For the elderly or retired on the second Tuesday in the month. Please contact Maureen Corbett on 830296 if you are interested.

Well Group 12-2pm Ladies group meet monthly for lunch followed by a speaker. Contact Alison Brierley on 830770 to book a seat.

27th March Rachel Menon, Women's Worker Moulton Parish

24th April Barbara Parfitt, Towcester Food Bank

Flowers can be placed in the Chapel on Sundays to celebrate an anniversary or in memory of a loved one.

Biker Service Sundays 13th April, 6.30-7.30pm (tea & coffee from 6pm) led by the Christian Motor Cycle Association - All are welcome.

Family Services 16th March and Easter Sunday 20th April: 50 minute service for all the family. Refreshments served after the service: All welcome.

Easter Messy Church for all the family - Saturday 5th April 2-4.30pm at Pattishall Parish Hall

Other Events

Fairtrade Sale & Afternoon Tea - Saturday 1st March 2-4.30pm

Advance Notice: Plant Sale & Afternoon Tea - Saturday 7th June 2-4.30pm

Don't forget

Astcote Chapel and rooms are available to hire

The Chapel has seating for 50+ people with a small stage area. The upstairs room offers an ideal space for a small group to meet and the kitchen is well equipped in a smaller meeting room downstairs. Disabled access to ground floor.

If you are looking for a place to meet why not come and have a look.
Contact Kate Stretton: 830115



EASTCOTE BAPTIST CHURCH

Services

Start at 3pm unless otherwise stated, everyone welcome.

March	2 nd	Mr John Hutcherson
	9 th	Mrs Wendy Manley
	16 th	<i>see notice board</i>
	23 rd	Mr Adrian Hicks
April	30 th	Mr & Mrs David Haynes
	6 th	Mr Ian Markey
	13 th	Mr Richard Wilson
	20 th	<i>see notice board</i>
	27 th	Mr Stephen Spandl

At the **Coffee Morning** on November 9th for Helen and Douglas House, Oxford, £252 was raised which will be doubled by Barclays Bank. We thank you for your support over the years and hope that we may be able to hold an occasional one in the future. God Bless you all.

St. Luke's Church

Cold Higham Village Hall
on Sunday . 27th April,
11.30 to 2.00

Parish Brunch

- Full English Breakfast
- Cake stall
- Raffle
- Plant Stall

Tickets

Adult £10. Children under 12 years old £5.
Available at the door

The Parishes of Holy Cross Pattishall and St Luke, Cold Higham

Priest-in-Charge, the Revd Marion Reynolds

Date	Event	Time	Service	Church
2 nd March	Next before Lent	8:00am 9:15am 11:00am	BCP Holy Communion Pattishall Half Hour CW Holy Communion (said)	Pattishall Pattishall Cold Higham
9 th March	Lent 1	9:30am 11:00am 1:00pm	Family Worship CW Holy Communion Baptism	Cold Higham Pattishall Pattishall
16 th March	Lent 2	10:00am	CW Holy Communion with +Donald	Cold Higham
22 nd March		5:00pm	Taize service	Cold Higham
23 rd March	Lent 3	9:30am 9:30am	CW Holy Communion Morning worship	Pattishall Cold Higham
29 th March		5:00pm	Taize service	Pattishall
6 th April	Lent 5	8:00am 9:15am 11:00am	BCP Holy Communion Pattishall Half Hour CW Holy Communion (said)	Pattishall Pattishall Cold Higham
13 th April	Palm Sunday	9:30am 11:00am 6:00pm	Family Worship CW Holy Communion BCP Evensong	Cold Higham Pattishall Cold Higham
15 th April		7:00pm	CW Holy Communion (said)	Cold Higham
17 th April	Maundy Thursday	7:30pm	CW Holy Communion (with foot washing) followed by vigil	Pattishall
18 th April	Good Friday	2:00pm 6:00pm	Last Hour at the Cross Devotional hour	Cold Higham Pattishall
19 th April	Easter Eve	8:00pm	Service of Light	Pattishall
20 th April	Easter Day	8:00am 9:30am 9:30am	BCP Holy Communion CW Family Communion CW Family Communion	Pattishall Cold Higham Pattishall
27 th April	Easter 2	9:30am	CW Holy Communion	Pattishall
4 th May	Easter 3	8:00am 9:15am 11:00am	BCP Holy Communion ½ hour service CW Holy Communion (said)	Pattishall Pattishall Cold Higham

DIARY

March

- 1st Fairtrade Sale & Afternoon Tea, Astcote Methodist Church 2-4.30pm
- 5th Gardening Club, *Roses*, Pattishall Parish Hall, 7.30pm
- 6th Pattishall Hall & Playing Fields meeting, Pattishall Parish Hall, 7.00pm
- 12th Pattishall WI, *Hearing Dogs*, Pattishall Parish Hall 7.30pm
- 12th Hansons free antique valuations day, Cold Higham Village Hall, 11am-3pm
- 13th Pattishall Parish Council meeting, 7.45pm
- 13th Good Neighbours: AGM and *The Barkers*, Pattishall Parish Hall, 1.45pm
- 14th Towcester Farmers' Market
- 14th Mobile Library Cold Higham, Telephone Box, 17:35 - 18:00
- 14th Pattishall & District Produce Show Raffle, The Eastcote Arms from 6pm
- 19th Mobile Library Pattishall, Leys / Festival Road, 17:40 - 16:05
- 20th Pattishall Neighbourhood Watch meeting, Pattishall Parish Hall 7.30pm
- 22nd Pattishall Annual Spring Clean, meet Pattishall Parish Hall car park 9am
- 22nd Ploughman's Quiz, Pattishall Parish Hall, 7.30 for 7.45 start
- 23rd Cold Higham Spring Clean, meet Grimscote & Cold Higham phone boxes 11:00
- 26th Photographic Group, Pattishall Parish Hall, 7.30pm

April

- 2nd Gardening Club, *Grow Your 5 a Day*, Pattishall Parish Hall, 7.30pm
- 3rd Pattishall Hall & Playing Fields meeting, Pattishall Parish Hall, 7.00pm
- 4th End of Pattishall School term
- 5th Messy Church, Pattishall Parish Hall, 2-4.30pm
- 6th Afternoon Teas at Pattishall Parish Hall, from 2-5pm.
- 9th Pattishall WI, *What is Autism?* Pattishall Parish Hall 7.30pm
- 9th Hansons free antique valuations day, Cold Higham Village Hall, 11am-3pm
- 10th Pattishall Parish Council meeting, Pattishall Parish Hall, 7.45pm
- 10th Good Neighbours: *Towcester Choral Soc.* Pattishall Parish Hall, 1.45pm
- 11th Mobile Library Cold Higham, Telephone Box, 17:35 - 18:00
- 11th Towcester Farmers' Market
- 16th Mobile Library Pattishall, Leys / Festival Road, 17:40 - 16:05
- 23rd Start of Pattishall School term
- 27th Cold Higham Parish Brunch, Cold Higham Village Hall, 11.30am to 2.00pm
- 30th Photographic Group, Pattishall Parish Hall, 7.30pm

Use This Space for Your Future Events!

Published by Pattishall Parish Council,

Printed by Campion Reprographics, Campion School