

Around Pattishall

No. 187 October & November 2013

From Hodge Close, Ascote, Autumn 2012, by Chris Younger

Final copy date for the December 2013 to February 2014 newsletter is 10th November. Copy should be sent to Andy Stewart, The Old Farmhouse, 13 High Street, Ascote (email andy@stewarts.me.uk, tel: 830042), or given to Janet Taylor, Dalscote. (Please use email if possible.)

Pattishall Parish Council undertakes the production of the newsletter, it does not take responsibility for the accuracy of articles. Any views or opinions expressed are those of the author in each case.

Would you like to see your photograph or artwork on the cover of the next Around Pattishall? If so, please email. It should be something with a local & seasonal flavour.

Watling Friends

This year, Pattishall WI are hosts for the Watling Friends. The Watling Friends presents "Through the Potting Shed" with Caroline Tait. Caroline comes to garden design through the 'Potting Shed' and 'Greenhouse Doors' having developed and run the thriving nursery at Coton Manor, Northamptonshire since 1993. She is a regular contributor to the Kitchen Garden Show on BBC Northamptonshire and Gardeners' Question Time. Caroline has also helped build stands at RHS shows at Chelsea, Hampton Court, and at Gardeners' World Live.

The venue is the Parish Hall, Pattishall on Friday 27th September. Doors open 7pm for 7.30pm. Tickets £5, to include light refreshments. There will also be a raffle.

To reserve your tickets now, contact:

Kathy Barker on 831621 or Mary Boulton on 830551

Shine



Six of us locals are walking the 'Shine' Marathon to raise money for Cancer Research UK and you may just have seen us training around the villages in our unfashionable (but eye-catching!) 'Shine' T-shirts.

Cancer detection and treatment have improved vastly as a result of research, but the incidence of the disease is on the increase and figures now show that it will affect 4 out of 10 of us (and that figure includes our children and grandchildren).

We hope that you might feel able to sponsor us, and although you may not see this until after the 26.2 mile walk on 28th September, donations can be made until the end of October.

If you feel able to support us, you can donate online by using our secure web page www.justgiving.com/bright-ideas where you can also leave us a message. If you prefer you can telephone Claire on 830843 and she will come and collect cash or cheques (she needs the walking practice!)

Many thanks,

Anne Anderson, Claire Delves, Hazel Browne, Liz Slee, Nic Boyd & Nigel Anderson



Pattishall Parish Fête Extravaganza Saturday 13th July

The day of the fête dawned bright and sunny and turned out to be one of the hottest days of the year! Despite the heat lots of people turned up from far and wide to enjoy the afternoon. There was lots to do, ranging from bouncy castles, traditional fête games and children's races. Little tots took part in the fancy dress competition and they all looked absolutely gorgeous in their princess or pirate outfits – too cute for words.

Having looked around at the stalls and classic cars, hooked a duck and thrown a coconut, it was time to relax and enjoy the demonstrations on the stage and in the arena. The falconry displays proved very popular and it was exciting to see birds of prey and owls flying high in the air above the playing fields and swooping down over the crowds back to their keeper's outstretched arm. Magnificent displays by beautiful birds.



Demonstrations on the stage followed with Morris dancing by the local Queen's Oak Morris women. Karate and Zumba demos followed by groups who use the hall. Despite the heat, they all carried off their activities with great style and energy.

There was a wide variety of refreshments to be enjoyed too, with afternoon teas, homemade sausages, pork rolls, curry and the beer and Pimm's tents.

This wonderful afternoon provided something for everyone - adults and children alike. Massive thanks go out to all the local groups and clubs that ran a stall or game, or provided cakes, books, jigsaws, etc. To all those involved in the demonstrations another big thank you, and also to all those who helped set up beforehand and pack down afterwards, and to the owners of the classic cars.

However, very special thanks go to the fête committee who planned the event over



many months, and who gave their time and resources to make the event the huge success it was. They are (from left to right in the photo) Johnny Smith, Iris Illingworth, Suzanne Raper (pirate!), Josie Bateman and Jon Hibbert. It is a big job and they pulled it off magnificently. Well done all, and again, thank to you everyone who took part or who came to support the event on the day.

Suzanne Raper



Senior Citizens' Christmas Lunch

Are you 60 years or over? Did you know that you are invited to the Senior Citizens' Christmas Lunch, hosted and funded by Pattishall Playing Fields Association and Pattishall Parish Hall Association? Residents from Pattishall, Eastcote, Astcote, Foster's Booth, Dalscote and Cornhill are welcome to enjoy a festive meal and entertainment. If you are a new resident or

have not come before, please be assured of a warm welcome. Transport can be arranged.

Pattishall Parish Hall on Saturday 7th December 2013 at 1pm

For more information or to book a place please phone Libby Covington 830501, or Iris Illingworth 830829, or contact Good Neighbours.

Pattishall Neighbourhood Watch



- Total crimes from 1st April - 31st August 2013 are 10. (This includes 2 burglaries and 3 criminal damage). If anyone would like more information or to be kept informed of the latest crime reports please contact the Coordinator.
- Remain vigilant and continue to report any suspicious incidents / vehicles / persons / peddlers on 01604 432436.
- Our next meeting is Thursday 17th October at 7.30pm in the Parish Hall. Everyone is welcome.

Linda Hemming (NHW Coordinator)

Email: linda_hemming@hotmail.com Tel: 830744

Mobile Library Service

The Northamptonshire mobile library service now visits once per month at the times & locations below.

Stop

Pattishall, Leys / Festival Road
Cold Higham, Telephone Box

Time

17:20 - 17:50
18:00 - 18:25

Dates

October 16th, November 20th



Pattishall Good Neighbours Club



Dear Neighbours, since my last letter to you in July we have had a very active time.

Forty-nine of us went by coach to Worcester in August. Most of us spent time in the Cathedral, some even witnessed a wedding while they were there. After time exploring the "Faithful City" we had a 2-hour boat trip on the River Severn with a very nice tea on board. The weather was kind to us and there was much interest in the views from the boat. For myself it was interesting not only to see the changes but also to see again the places where I, with others, swam in the river as kids (something we would not dream of letting youngsters do today). The enjoyment was such that some members are still talking about it now.

In September we were fortunate in being taken on a 5 hour boat trip on the River Nene from Northampton by the St John Ambulance Brigade, this time taking with us a packed lunch. Ann Twyford and her helpers supplied copious liquid refreshments. Thank you, all of you.

On October 10th we shall have John Woolett with us to talk to us about British Birds (feathered ones). On November 14th we have a return visit by the Homestead Singers, a choir comprising residents of the Bethany Homestead, Northampton. Both are afternoons not to be missed.

As I have said before, if you are 50+ you don't have to sit at home alone. Come along and join in with us where you will, I guarantee, make new lasting friendships.

Alan White, Chairman, 830892

Playing Field Parking

Some people using the play equipment in Pattishall Playing Fields are parking on School Road, opposite the pedestrian entrance, rather than in the Hall / Fields car park. This is potentially dangerous, and users are requested to use the car park.

Pattishall School: Handyman Needed

Pattishall C. of E. Primary School is looking for a handyman to work at the school on a casual and ad hoc basis to carry out general maintenance. Hours, days to suit. If interested please call us on 830301 for a chat, or please feel free to call into school if you prefer.

Pattishall Parish Hall



The extension to the large hall and kitchen has been completed. The new storage area for the large hall is now in use and means that resources for several groups can now be stored safely at ground level. The kitchen extension will enable better use of this facility. This phase has been achieved through grants from the London Marathon Trust, South Northants Council and fund raising through events organised by the committee.

It is hoped that the next phase of the project, the new front entrance hall, will begin in the autumn. We appreciate that this will cause inconvenience to hall users but hope that you will bear with us and look forward to an improved community centre. To date we have spent around £160,000 on extending and refurbishing the hall.



Fish'n Chip Quiz

Pattishall Parish Hall Association will be holding their quiz with a fish and chip supper on Friday 25th October 2013. A great evening with questions provided by Malcolm Baker, and to replenish you, a wonderful fish supper supplied by Mr Sarson.

There will be a licensed bar. Doors open at 7.00pm for start at 7.30pm. Tables usually of 6 but we can match up other numbers. It is a good way of meeting people and supporting the hall. Tickets £8.50 pp includes supper. Tel. Jane Chapman on 01327 830159 or Iris Illingworth on 01327 830829 to book a place.



Bonfire Night

As usual, Pattishall Playing Field Association will be holding a Bonfire and Fireworks Night on Tuesday 5th November 2013. Guys welcome.

Bonfire building will start on 2nd November (**please do not bring anything earlier!**) when the posts by side of hall will be removed for access. An area will be marked out for contributions to the bonfire - please bring along any old wood that you would like to get rid of! (**Strictly no metal or rubber, paint etc**).

Gates open and refreshments available 6.30pm, bonfire lit 7pm, fireworks starting 7.30pm (timings approximate).

All welcome, adults £2.50, children £1.

Christmas Draw

Pattishall Parish Hall Association will be selling tickets for their Christmas Draw. Prizes will include Christmas hampers. We will be selling the tickets door to door and hope that you will be able to support us. The money raised goes towards maintaining the hall and field for the whole community, a great asset for the parish. Tickets are priced £1.



Cold Higham Antique Valuations

Locals and people from as far as Northampton brought their antiques along to have them valued by Hansons Auctioneers in the village hall at Cold Higham. One of the valuers was TV

"Antique Travel Show" star Kate Bliss. It proved so popular that there is going to be a valuation day every month now except December (see p15).

In the photo on the right is local photographer Paul Howard having some glassware valued. Paul bought this from the "Hesketh" auction a few years ago. Kate Bliss was impressed with the quality of some of the "Hesketh" pieces.

Paul Howard



Polite Notice: Car Parking in Church Street

Car parking in Church Street near the church has become a real issue on a few occasions (especially large wedding or funeral parties). Whilst Church Street is a public highway and cars can park all along it, would visitors please respect the rights of owners of properties in Church Street's to be able to have free access into / out of their drives and park accordingly. Thank you.

Rev'd Marion Reynolds

Master Composters Wanted

Are you interested in volunteering in your local community? Are you passionate about gardening and composting? Then why not volunteer as a Master Composter?

As part of Northamptonshire Waste Partnership, South Northamptonshire Council is looking for people who would like to help spread the message of home composting. The scheme was launched 3 years ago, and the Council is now looking to start another round of recruitment following the scheme's ongoing success.



Master Composters will receive free training, free resources, travel expenses etc, as well as ongoing support from their co-ordinator. In return for this training and support Master Composter volunteers will spend a minimum of 30 hours over a 12-24 month period spreading the composting message in their local community. This could be anything from writing articles for the local newsletter, holding demonstrations at their allotment, or even helping out at the Northants gardening shows.

For more information and to register your interest please email wasteeducation@northamptonshire.gov.uk, or visit www.recyclefornorthamptonshire.co.uk



Pattishall Women's Institute

The October meeting will be the all important AGM with the election of a new committee, a review of the past year and a harvest supper.

In November we will welcome the return of Sue Edwards to tell "The Story behind the Painting". In December we shall hear some "Secrets and Scandals at Canons Ashby", before a visit from Secret Santa and seasonal refreshments.

Visitors attending these three meetings may come free if they then decide to join in January. Dates for your diary:

October 9 th	AGM
November 13 th	The Story Behind the Painting
December 11 th	Secrets and Scandals at Canons Ashby

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22.								23.				
24.												

Set by Aquarius. Answers on p29

Across

1. By flat lanes come to see old bogey film classic (7,6)
8. In the forearm ran lukewarm backwards (5)
9. Bird wallows in a muddle (7)
10. The trunk or statue of a body without limbs (5)
11. Good gardener has a green one (5)
12. Holds the brew in tun (4)
13. A valuable fibre obtain from plants (5)
15. Statement of belief (5)
16. Plot in a creative work (4)
18. Step on them to rise up the ladder (5)
20. Artist has bid for a mad dog (5)
22. Decorate by engraving and filling with black pigment (7)
23. Open space in a Greek city (5)
24. Amusement will treat ten men easily (13)

Down:

1. Untie Gran Ma, on the day you reach a set of high peaks (8,5)
2. Of the moon when I twisted 8 across (5)
3. You might hang a ring on one of these (7)
4. One who carries the colours at the trooping (6)
5. Nautical hold fast (5)
6. To act in concert, perhaps to defraud (7)
7. Mr. Snow traces bad results on T.V. after elections in one (4,9)
14. In geometry it touches on a circle (7)
15. Interact dropping cha, and turning that's for sure (7)
17. A genus of American climbing plants (6)
19. Of the sun in summer when so large a flare (5)
21. Penniless or nearly so (5)



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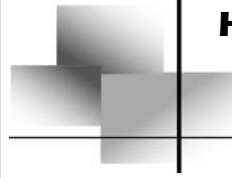
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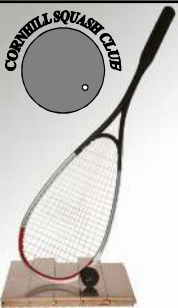
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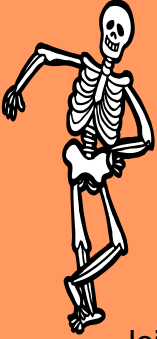


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*There will be food, drink and witch's brew,
Now all we need is you!*

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**Pattishall
Parish Hall
Saturday 9th
November
2-4.30pm**

Join us for Messy Church

Messy Church is for all the family - Mums, Dads, Grandparents and Children of all ages. For two hours there will be crafts & activities that adults and children can do together based on a biblical theme, a time of sharing with a prayer and a song, and then we all have afternoon tea.

We hope you will be able to join us!

VOICES IN HARMONY II

28th September

Holy Cross Church at 7.30 pm

ARTISTS

*Melinda Lightfoot and her Quartet
Josie Richardson
Andy Jordan and Val Scrivener
Joe Miles Trio*

Tickets £10
Concessions £8 Under 14 £5

Further Information 01604 830729

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Astcote Craft Fair and Afternoon Tea

Saturday 23rd November, 1-5pm

Astcote Methodist Church

Do you live locally and have a craft you do on a small scale but would like the opportunity to see what you could sell? Then book a space for the Astcote Craft Fair. You will need to provide your own table and a donation up to £5 will be requested depending on how much you sell on the day (No Sale, No Fee!). To book a space contact Ann Atkin on 830907.



Pattishall Scout Group

Is there anyone in the Parish who feels that they could help with Cubs or Beavers? We are struggling again to keep the group going with only one Leader for each section. We lost two leaders last year and now have to cancel meetings if one of us is absent.

Cubs meet on Mondays from 6 to 7.15pm in Pattishall Parish Hall and Beavers at Cold Higham on Mondays from 6.15 -7.30pm.

Please contact me on 830245 if you are able to help out, even if it isn't every Monday, as it may be possible for the role to be to "job-shared".

I do hope someone comes forward as I should hate to see Pattishall Scout Group fold up.

Barbara Parkinson
Group Scout Leader

Pattishall Youth Club

Pattishall Youth Club is held at the Parish Hall, every Tuesday evening during term time. It is open between 7.30pm and 9.15pm, and all young people in year 6 to year 11 are welcome. The fee is £1 per week, with the first week being free.

There are games, craft nights, a tuck shop, and some external events - we've recently been to a Climbing Centre, Lazer Zone, and had our own Christmas Disco.

So whether you want to come along and take part in all the activities or just come along with friends for a place to get together - why not come along and try it out!

If you want to know more then just pop along, or contact either Ruth Furniss 830118 or Mark Couling 831443 for more info.

ADULTS – Are you bored on a Tuesday night, and fancy drinking tea? Then you could be the next Youth Club leader!

We are looking for some additional leaders and committee members to help run and support the Youth Club. If you are interested in becoming a leader or getting involved in the Committee (even if only on a part time basis), or just want to know what is involved, contact Ruth Furniss or Mark Couling on the numbers above.

Go on – you know you want to!



Friends of Campion Events

Information evening - September 25th at 7.30pm in staff room above main hall

The present committee is holding an informal meeting to introduce and share the work of the Friends of Campion Parent and Teacher Association. We would welcome any parents who are curious about becoming more involved in the school.

Come and join us for a drink and chat! We would love to see you.

School Quiz. October 11th at 7.30pm.

This popular and annual event is well supported by parents and teachers alike. We have a fish and chip van booked. It is a fun and social event and an opportunity to meet and mix with the Campion staff!

AGM – October 16th at 7.30pm in the staff room. ALL WELCOME!

Any queries on any of the above please contact Nic Boyd on nicboyd4@gmail.com or 07856 531232.

Cold Higham Parish Council

We have recently co-opted a new Councillor and we extend a very warm welcome to Digby Carter who we hope will remain with us for many years.

The Council purchased a replacement bench some time ago and it has now been expertly installed onto a concrete base at a high viewpoint along Mill Lane. A massive thank you to Councillor Richard Dickins and local handyman John Furniss for their hard work and the materials. The bench is made from recycled plastics and is maintenance-free.



We have also ordered free tree packs from the Woodland Trust working with Northamptonshire County Council. During November, we expect to receive approximately 450 saplings including hawthorn, hazel, silver birch, rowan, wild cherry and dogwood. These can be planted anywhere in the Parish where they will be visible from any public land or right of way. Volunteer planters will be very welcome!

Ken Tomkinson



SNVB

Adam Simmonds, Northamptonshire Police & Crime Commissioner, will talk on Working with the Voluntary and Community Sector in Relation to Tackling and Reducing Crime.

Rob Tracy, South Northamptonshire Volunteer Bureau, will talk on The Support and Development Services Provided to the Voluntary and Community Sector 2012/13.

These presentations will be followed by the usual information exchange

Thursday 17th October 2013, 14.00 – 16.00

SNC Offices, Committee Room, Springfields, Towcester NN12 6AE

To register for this meeting please email: info@snvb.org.uk or call 358264

Wedding Dress Exhibition



Wedding dresses and memorabilia from the past 107 years were on display at a Wedding Exhibition at Holy Cross Church Pattishall on Saturday and Sunday, 15th and 16th June. The oldest dress was worn in 1906.

The exhibition included a display by a local photographer, confectioner and florist. The event concluded with a Celebration of Marriage Service at which the congregation were invited by the Revd. Marion Reynolds to renew their wedding vows, followed by bubbly and canapes.

A successful weekend creating much interest.

Paul Howard



Gardening Club

The next meeting of the Gardening Club will be held in Pattishall Parish Hall on Wednesday 2nd October when Ashley Warren from the Bell Plantation Garden Centre will take us through the seasons in a garden centre and also talk to us about planting bare-root trees and keeping poultry!

On 6th November, Brian King is coming to show us slides of plants found in the Falklands and in Antarctica. Once again our December meeting will be a social event with a quiz together with mulled wine and mince pies!

Christine Russell 830012

Found : Glasses

Found in Shoemaker close, Astcote: a pair of glasses (old/repairs!). If they are yours, please phone 830042.

Poors Allotment Charity, Cold Higham / Grimscote

Each year the Trustees of the above charity are able to “apply the income of the Charity in relieving either generally or individually persons resident in the parish of Cold Higham who are in conditions of need, hardship or distress, by making grants of money or providing or paying for items, services or facilities calculated to reduce the need, hardship or distress of such persons”.

In practice this means that funds may be available for:

1. Households with at least one householder being aged 65 or over for heating purposes
2. Young people or students needing to purchase books or tools or to pay for travelling expenses
3. Any other person in need or distress at any time of the year

Because of the difficulties experienced by the trustees in identifying eligible persons it is requested that those wishing to claim a grant should apply in writing to – Revd Marion Reynolds by email or post, as follows:

Revd Marion Reynolds
Priest-in-Charge Pattishall with Cold Higham and Gayton with Tiffeld
The Rectory
Church Street
Pattishall
Northants
NN12 8NB
marion.reynolds2@btopenworld.com

Applications should be received by 11th November. Those aged over 65 who already receive a grant do not need to re-apply. Members of the community “in need or distress” can apply to the charity at any time of the year.

Ladies Fashion Evening

A Ladies Fashion Event to be held in Pattishall School on Thursday October 17th at 7.30 for 8 pm. Come along and view the latest Autumn/Winter styles of clothes jewellery and scarves. An opportunity to see the designs being modelled and to buy afterwards. There will also be on sale last seasons clothing at ridiculous prices.



This is your chance to grab a bargain. Entrance at the door £5 to include a glass of wine. Phone 830996 for further information. Look forward to seeing you there!

Car Boots

Two more successful car boots were held at the playing field this summer to raise much needed funds for Pattishall Parish Hall. The June car boot raised £322 and £514 was raised in July. The six car boots I have now organised to raise funds for the hall (one in 2011, three in 2012 and two this year) have raised a massive £3,052! Good result :-)



Suzanne Raper

Pattishall Parochial Charities Christmas Grants

The trustees of the Pattishall Parochial Charities wish to inform anyone of pensionable age that a Christmas Grant is available, designed to help with fuel / heating bills. This grant is given regardless of marital status, though the recipient needs to have been a resident in the parish for a minimum of 3 years.

Please apply to the Clerk stating date of birth and number of years as a resident. Applications need to be received by Sunday, November 24th 2013. Pensioners who received the grant in 2012 need not reapply, however, the Clerk would like to know if there have been any changes in circumstance. To avoid confusion it would be helpful to know to whom the cheques should be made payable.

There is further information about the Pattishall Charities on the village website www.pattishallparish.org.uk

Clerk: Mrs Wendy Watts, 59 Leys Rd, Pattishall NN12 8JY

Pattishall Parish Questionnaire

Inserted into this *Around Pattishall* Pattishall Parish residents should have found a questionnaire about Pattishall Parish, prepared by members of the Pattishall Parish Plan Committee. If not, it can be found and completed online at www.pattishallparish.org.uk, or email pp2@pattishallparish.org.uk or phone 830829 to obtain a copy.

Old Age begins at 25!

I've recently been undertaking some pretty serious study on the effects of ageing on the body. The course is intended for postgraduate medical students so it's been icepack-on-the-head stuff but it's given me some fascinating insights. The first is the headline at the top of the page, that biologically speaking, old age starts at 25. It's as if Mother Nature says, once you get into your twenties, "Right that's it – it's downhill all the way now".

And at first sight it can make pretty depressing reading. Muscles deteriorate and adipose tissue (that's FAT to you and me) increases; everything to do with the blood and the heart gets worse, the immune system weakens, as do the bones. Your lungs deteriorate so you can't get as much oxygen as you used to. You feel the cold more, your thirst mechanism gets less efficient so you're in danger of dehydration, the joints become stiffer so you can't move as easily – the list goes on and on. At one point I thought, "Oh just take me to the knackers yard and have done with it."

But then came the really startling thing. None of this HAS to happen. It's not an inevitable process. Over and over again I read the same thing. These deteriorations occur if we stop being active. There can be a huge difference between your actual CHRONOLOGICAL age (for example, 74) and your BIOLOGICAL age, the age your body thinks it is and acts like it is (which could be, for example 45).

And what's the secret? A pill? A drug? No – it's quite simply exercise. With exercise you can slow down these deteriorations and in many cases actually stop them from happening. And what's more, it's possible to reverse them if they've already started (which applies to everybody over 25).

AND I CAN TESTIFY TO IT FROM MY OWN EXPERIENCE. One of our clients, Iris, is 82. She's been coming to us now for six months and when she started she was in a terrible state: she shuffled rather than walked, she couldn't step onto a six inch box without assistance, she had a bad stoop – in fact everything about her said "dithery old lady". That was six months ago. You should see her now. She walks with confidence, can step up and down without assistance – and wait for it – she has been doing some boxing. And one of my senior trainers, Paul, who is responsible for Iris's fitness programme, says she has a vicious right hook!

So to anybody reading this who is over 25 – I have just three words to say to you – DO SOME EXERCISE.

Ian Ryves, Wellbeing Fitness
E-mail: info@wellbeingfitness.co.uk
Tel: 351110

Greens Norton Medical Centre Patient Information Leaflet

Emergencies dial 999 Always call 999 if someone is seriously ill or injured, and their life is at risk.	Examples of medical emergencies include (but are not limited to): <ul style="list-style-type: none">• <u>chest pain</u>• difficulty in breathing• unconsciousness• severe loss of blood• severe burns or scalds• choking or drowning• fitting• severe allergic reactions
Greens Norton Medical Centre 01327 358287 01327 359670 (Dispensary) Surgery Hours: Mon Tue Wed Thur Fri Open 0800 0800 0800 0800 0700 Close 1830 1830 2000 1830 1830 If you have an urgent medical problem you will be able to access a health professional within 24 hours. Patients who need to be seen urgently will always be seen at the end of either the morning or evening surgeries. During these hours minor illnesses like stomach upsets or ear infections, or injuries such as sprains, strains, minor burns or wounds can also be treated at the Centre.	Triage Some problems can be resolved over the telephone (triage). The doctor will decide whether an emergency appointment or telephone consultation is appropriate. There is also a facility for nurse triage during morning surgeries. Talking to a Doctor by Telephone If you wish to speak to a doctor personally, they are usually available at the end of morning surgery. You will be asked to leave a telephone number so that the doctor can call you at a mutually convenient time. Only very urgent calls will be put through to the doctor during surgery hours. If possible, please tell the administrator what the call is about so they can review your notes and assess how urgent the situation is.
Out-of-hours Doctor and 24-hour access to health information: dial 111 The new way to access out of hours doctors appointments and Health information.	The adviser will ask you questions to determine the appropriate course of action. They can book out of hours doctors appointments, direct you to A & E or Minor Illnesses/Injuries unit, call an ambulance, or just provide advice over the phone.
Pharmacist Qualified pharmacists in your locality can give you expert advice on medicines and how they work.	They can also help you decide whether you need to see a doctor. You don't need an appointment, and can talk to them privately and in confidence.
Accident and Emergency Operates 24/7, Northampton General Hospital, Cliftonville	Deals with acute injury or illness, which may or may not be life-threatening. Very limited car parking near the entrance at Cliftonville, may need to use car park 1



Bus Service

Megarider : The *Dayrider* ticket has now increased to £6. This ticket allows those without bus passes to travel into Northampton and to a wide area surrounding the town. Please see the village notice boards for a map of the area covered. For more details have a look at the Stagecoach website www.stagecoachbus.com/northants or ring 08456 001 314.

Towcester ● Greens Norton ● Pattishall ● Rothersthorpe ● Northampton					87
MONDAYS TO SATURDAYS, except Public Holidays, sorry, no Sunday service					
Towcester Northampton Rd/Seena Dr.	0956	1155	1355	1655	
Towcester Tesco	1001	1201	1401	1701	
Towcester Square - southbound	0724	1004	1204	1404	1704
Towcester Highfields/Redmoor	0729	1009	1209	1409	1709
Towcester Springfields	0731	1011	1211	1411	1711
Greens Norton High Street	0735	1015	1215	1415	1715
Duncote Main Road	0737	1017	1217	1417	1717
Astcote High Street	0742	1022	1222	1422	1722
Pattishall Church Street	0744	1024	1224	1424	1724
Fosters Booth Red Lion	0746	1026	1226	1426	1726
Eastcote Birds Hill Road	0748	1028	1228	1428	1728
Gayton Bugbrooke Road	0753	▼	▼	▼	▼
Rothersthorpe Banbury Lane	0759	1034	1234	1434	1734
Banbury Lane	0801	1036	1236	1436	1736
Northampton Mereway Tesco	0808	1043	1243	1443	1743
Towcester Rd opp B&Q Superstore	0815	1050	1250	1450	1750
Northampton Greyfriars bus station	0820	1055	1255	1455	1755
Northampton Greyfriars bus stn bay 6	1100	1300	1600	1800	
Towcester Road B&Q Superstore	1103	1303	1603	1803	
Northampton Mereway Tesco	1110	1310	1610	1810	
Banbury Lane	1117	1317	1617	1817	
Rothersthorpe Banbury Lane	1119	1319	1619	1819	
Gayton Bugbrooke Road	▼	▼	▼	1825	
Eastcote Greenway	1126	1326	1626	1830	
Pattishall Church Street	0930	1129	1329	1629	1833
Fosters Booth Red Lion	0932	1131	1331	1631	1835
Astcote High Street	0934	1133	1333	1633	1837
Duncote Main Road	0939	1138	1338	1638	1842
Greens Norton High Street	0941	1140	1340	1640	1844
Towcester Springfields	0945	1144	1344	1644	1848
Towcester Highfields/Redmoor	0947	1146	1346	1646	1850
Towcester Square - northbound	0952	1151	1351	1651	1855
Towcester Northampton Rd/Seena Dr.	0956	1155	1355	1655	1859
Towcester Tesco	1001	1201	1401	1701	1905

In addition to our scheduled bus service there is **CountyConnect** "on-demand" service.

Bus passes for those eligible may be obtained at the Towcester Library.

Ann Atkin

ASTCOTE METHODIST CHURCH

Team Ministry

Rev. Tina Swire, Rev. Martin Swan, Rev. Phil Snelson, Rev Nutan Suray
Deacon Richard Beckett

To contact a Minister please ring the Circuit Office: 01604 721908

Sunday Services, 10.30am. Services are generally informal. Family Services on the third Sunday in the month.

Children/Youth Groups Sunday Club 8-11 year olds 6-7pm and 11-18 year olds 7-8pm (all in term time). Contact John Atkin on 830907 for more details.

Lunch Club For the elderly or retired on the second Tuesday in the month. Please contact Maureen Corbett on 830296 if you are interested.

Well Group 12-2pm Ladies group meet monthly for lunch followed by a speaker. Contact Alison Brierley on 830770 to book a seat.

31st October *Lulu Pelly* & 28th November *Christmas Box*

Flowers can be placed in the Chapel on Sundays to celebrate an anniversary or in memory of a loved one.

Biker Church Sundays 13th October & 10th November, 6.30-7.30pm (tea & coffee from 6pm) led by the Christian Motor Cycle Association - All are welcome.

Family Services Sunday 20th October, Harvest Celebration (tins of food will be welcome for the Hope Centre for the homeless in Northampton) and 17th November - 50 minute service for all the family. Refreshments served after the service: All are welcome.

Everyone is Welcome at Astcote!

Don't forget

Astcote Chapel and rooms are available to hire

The Chapel has seating for 50+ people with a small stage area. The upstairs room offers an ideal space for a small group to meet and the kitchen is well equipped in a smaller meeting room downstairs. Disabled access to ground floor.

If you are looking for a place to meet why not come and have a look.
Contact Kate Stretton: 830115



EASTCOTE BAPTIST CHURCH

Services

Start at 3pm unless otherwise stated, everyone welcome.

October	6th	Mr R. Wilson
	13th	Mr M. Mabbutt
	20th	<i>see notice board</i>
	27th	Mr & Mrs D. Haynes
November	3rd	Mr P. Wilson
	10th	Mr J. Hutcherson
	17th	<i>see notice board</i>
	24th	Mrs W. Manley

If anyone has any queries, please contact Janet on 830210, or write to Mrs J. Steel, 45a High Street, Astcote, Towcester, Northants NN12 8NW

Coffee Mornings

Saturday November 9th

Held in Eastcote Chapel from 10 am to 12 noon

Crossword Answers
Across: 1. Maltese Falcon 8. Ulnar 9. Swallow 10. Torso 11. Thumb 12. Bung
13. Ixtle 15. Credo 16. Acre 18. Rungs 20. Rabid 22. Nihillos 23. Argora
24. Entertainment
Down: 1. Mountain Range 2. Lunar 3. Earlobe 4. Ensign 5. Avast 6. Collude
7. News Broadcast 14. Tangent 15. Certain 17. Clusia 19. Solar 21. Broke

The Parishes of Holy Cross Pattishall and St Luke, Cold Higham

Priest-in-Charge, the Revd Marion Reynolds

Date	Event	Time	Service	Church
29 th Sept	18 th after Trinity	9:30am 6:00pm	Benefice CW Holy Communion Evensong	Tiffield Pattishall
6 th Oct	19 th after Trinity (Proper 22)	8:00am 9:15am 9:30am 11:00am 5:30pm	BCP Holy Communion Pattishall Half Hour Harvest CW Holy Communion (said) Harvest Festival (with school)	Pattishall Pattishall Tiffield Cold Higham Gayton
13 th Oct	20 th after Trinity (Proper 23)	9:30am 9:30am 11:00am	CW Holy Communion Family Worship Holy Communion	Tiffield Cold Higham Pattishall
20 th Oct	21 st after Trinity (Proper 24)	8:00am 9:30am 9:30am 11:00am	BCP Holy Communion CW Holy Communion & Harvest Morning Worship CW Family Communion	Pattishall Cold Higham Tiffield Gayton
27 th Oct	22 nd after Trinity (Proper 25)	9:30am 11:00am	CW Holy Communion Family Service	Pattishall Tiffield
3 rd Nov	4 th Sunday before Advent (All Saints)	8:00am 9:15am 9:30am 11:00am 3:00pm	BCP Holy Communion Pattishall Half Hour CW Holy Communion CW Holy Communion (said) Commemoration of departed	Pattishall Pattishall Gayton Cold Higham Gayton
10 th Nov	3 rd before Advent (Remembrance Day)	9:30am 10:45am 10:45am 6:00pm	Remembrance Service & short Holy Communion (optional) Remembrance service Remembrance service & short Holy Communion (optional) Remembrance service	Tiffield Cold Higham Pattishall Gayton
17 th Nov	2 nd before Advent	8:00am 9:30am 9:30am 11:00am	BCP Holy Communion CW Holy Communion Morning Prayer CW Family Communion	Pattishall Cold Higham Tiffield Gayton
24 th Nov	Christ the King	9:30am 9:30am 11:00am	CW Holy Communion Family Worship Family Service	Pattishall Cold Higham Tiffield
1 st Dec	Advent Sunday	8:00am 9:15am 9:30am 11:00am 6:00pm	BCP Holy Communion Pattishall Half Hour CW Holy Communion CW Holy Communion (said) Advent Carols	Pattishall Pattishall Gayton Cold Higham Pattishall

DIARY

October

- 2nd Gardening Club: *Seasons in a Garden Centre*, Pattishall Parish Hall. 7.30pm
- 3rd Pattishall Hall & Playing Fields meeting, Pattishall Parish Hall, 7.00pm
- 9th WI - AGM, Pattishall Parish Hall 7.30pm
- 9th Hansons free antique valuations day, Cold Higham Village Hall, 1-3.30pm
- 9th Messy Church, Pattishall Parish Hall, 2-4.30pm
- 10th Good Neighbours, *British Birds*, Pattishall Parish Hall, 1.45pm
- 10th Pattishall Parish Council meeting, 7.45pm
- 11th Friends of Campion School, School Quiz (with fish & chips), 7.30pm
- 11th Towcester Farmers' Market
- 16th Friends of Campion School AGM, Staff Room, 7.30pm
- 16th Mobile Library
- 17th Pattishall Neighbourhood Watch meeting, Pattishall Parish Hall, 7.30pm
- 17th Ladies Fashion Event, Pattishall School, 7.30 for 8 pm
- 25th Fish'n Chip Quiz, Pattishall Parish Hall 7.00pm for 7.30pm
- 26th Pattishall Pre-School Halloween Spooktacular Party, Patt. Parish Hall, 5.30pm
- 28th End of Pattishall School term
- 30th Photographic Group, Pattishall Parish Hall, 7.30pm

November

- 5th Bonfire & Fireworks Pattishall Playing Field from 6.30pm, fireworks 7.30pm
- 5th Start of Pattishall School term
- 6th Gardening Club: *Plants of Falklands & Antarctica*, Patt. Parish Hall, 7.30pm
- 7th Pattishall Hall & Playing Fields meeting, Pattishall Parish Hall 7.00pm
- 8th Towcester Farmers' Market
- 13th Hansons free antique valuations day, Cold Higham Village Hall, 1-3.30pm
- 13th WI - The Story Behind the Painting, Pattishall Parish Hall 7.30pm
- 14th Good Neighbours, *Homestead Singers*, Pattishall Parish Hall, 1.45pm
- 14th Pattishall Parish Council meeting, Pattishall Parish Hall, 7.45pm
- 20th Mobile Library
- 23rd Astcote Craft Fair & Afternoon Tea, Astcote Methodist Church, 1-5pm
- 27th Photographic Group, Pattishall Parish Hall, 7.30pm
- 29th End of Pattishall School term

Use This Space for Your Future Events!

